



Fort Worth/Dallas

nicuhelpinghands.org

You are finally home with your baby... now what?

Life after the NICU can still present challenges - you don't have to face them alone.

Join an extraordinary group of NICU graduate moms and **CONNECT** at our monthly social outings. Share your story, hear other stories and realize that all the support you need to navigate life after the NICU is right in your own community.

Save the dates listed and watch for specific monthly event information at www.facebook.com/nicuhelpinghands and at www.nicuhelpinghands.org.

All monthly outings begin at 11:30 am.

